

## Measure the circumference of the hip at the iliac crest.

Size	Min. Hip Circ.	Max. Hip Circ.	Max. Thigh Circ.
Toddler	16" (40.6 cm)	19" (48.3 cm)	11" (27.9 cm)
Child	19" (48.3 cm)	22" (55.9 cm)	14" (35.6 cm)
Youth	22" (55.9 cm)	25" (63.5 cm)	17" (43.2 cm)
Ex. Small	23" (58.4 cm)	29" (73.7 cm)	18" (45.7 cm)
Small	28" (71.1 cm)	34" (86.4 cm)	21" (53.3 cm)
Medium	32" (81.3 cm)	39" (99.1 cm)	23" (58.4 cm)
Large	38" (96.5 cm)	44" (111.8 cm)	26 1/2" (67.3 cm)
Ex-Large	43" (109.2 cm)	52" (132.1 cm)	30" (76.2 cm)